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## Well-being associations with number of travel modes used

On a 1-5 Scale, how satisfied are you with	Low \$	Medium \$	High \$	All \$
Standard of Living	MM*	MM*		MM*
Health	mm	MM**		
Achieving in life	mm	MM*		
Relationships	mm	mm		
Feeling Safe	mm	sm/mm		
Feeling part of Community	mm		mm	MM**
Future Security	mm	mm		
Overall wellbeing	mm	mm		

MM\* = multi-modal travelers, compared with single-mode or semi-modal travelers were **statistically significantly** more likely to rate this higher **Research Assistant:** 

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Are people who have more travel options more satisfied with their lives?

## Yes!

To get to all the places people need to go in life; work, education, groceries, health, the more options people have, the better.



